

VB Practice Plan for August 2011

You must have a physical on file in the office before you can try out!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10 Tryouts: 7AM to 9AM Why: The temperature is cooler	11 Tryouts: 7AM to 9AM Athletics Parent Meeting at 6:30 PM Booster Club After	12 Tryouts: 7AM to 9AM Teams Posted at End of Practice	13
14	15 All: 7AM to 9AM JV: 4PM to 6 PM V: 6 PM to 8 PM	16 All: 7AM to 9AM JV: 4PM to 6 PM V: 6 PM to 8 PM	17 All: 7AM to 9AM Warrior Spirit Work Day 9AM to 12 Noon	18 All: 7AM to 9AM JV: 4PM to 6 PM V: 6 PM to 8 PM	19 All: 7AM to 9AM Blue and White Scrimmage at 6:30 PM	20 Varsity Team Building 9 AM to 3 PM
21	22 JV: 2:30 to 4:30 PM V: 3:30 to 6:00 PM	23 JV: 2:30 to 4:30 PM V: 3:30 to 6:00 PM	24 All: 2:30 to 4:30 PM	25 JV: 2:30 to 4:30 PM V: 3:30 to 6:00 PM	26 JV: 2:30 to 4:30 PM V: 3:30 to 6:00 PM	27
28	29 JV: 2:30 to 4:30 PM V: 3:30 to 6:00 PM	30 Home Game Against Edinburg at 6:00 PM	31 All: 2:30 to 4:30 PM		M, T, T, F Practice: JV: 2:30 to 4:30 PM V: 3:30 to 6:00 PM	Wednesday Practice: All Players: 2:30 to 4:30 PM